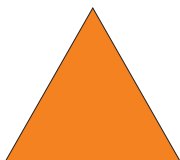
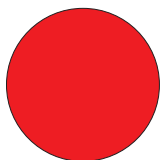


Color/Shape



Sign Language



Stop

Bring hand down swiftly on top of flat hand, forming a right angle.



Go

Point with index fingers in the direction you wish to go.



Spider

Cross hands and wiggle fingers forward.

Themes

September

Marvelous Me

Every child has unique qualities, experiences, and perspectives. During this theme, children will explore ways of getting to know each other and engage in activities that promote pride in their work. Feelings, friends, and families will be covered, as well as ways to establish good routines for a wonderful year.

Orchard Adventure

Enjoy the sights, scents, textures, and tastes of autumn by visiting the orchard. In this theme, children will explore trees, leaves, orchard fruits, and equipment used for harvesting. This theme is just right for welcoming the changing season!

October

Safety First

Little ones need lots of help learning to be safe! This theme encourages children to see firefighters, paramedics, police officers, and other emergency workers as helpers who keep them safe. Songs, rhymes, and games will help children learn basic safety practices in a fun way.

Wiggly Wonders

Get ready for wiggly, jiggle fun as children learn about and investigate what slithers through the grass, weaves a web, and floats deep in the ocean. Lots of wonders are hiding all around!

Songs & Rhymes

Two Red Apples

Way up high in an apple tree,
Two red apples smiled at me.
I shook that tree as hard as I could.
Down came the apples!
Mmm, they were good!

Little Miss Muffet

Little Miss Muffet
Sat on a tuffet,
Eating her curds and whey;
Along came a spider,
Who sat down beside her,
And frightened Miss Muffet away.

Learn with Me

Up and Down the Stairs

Many toddlers find joy in climbing. If your child likes to climb stairs, take opportunities to practice it safely.

Hold your child's hand as you climb stairs together. Give your child a chance to climb as you follow closely behind. Say "up" when going up the stairs, and say "down" when going down the stairs. Practiced opportunities may deter unsafe solo explorations!

Recipe

Cinnamon Pears

2 pears
2 T. water
½ tsp. cinnamon



Core, peel, and chop the pears. Place into a mixing bowl and toss with cinnamon.

Steam or simmer in a covered pan (adult only) for 8–10 minutes until easily pierced with a fork. Let cool to room temperature, or chill in the fridge, before enjoying as a snack.